

Important Information

A letter with the site address and directions will be mailed to you before the Weekend. Information on accommodations can be obtained from your Big Sister. Arrival time is 8:00am on Saturday and approximately 8:30am on Sunday. On both days the sessions will continue until they are completed, at least until 2:00am on Saturday and until 6:30am or later on Monday. Do not make plans for all of Monday morning. In order to get the full value from the Weekend, do not drink alcoholic beverages or take any other consciousness-altering substances 24 hours prior to the Weekend, unless prescribed by a doctor. There is only one scheduled dinner break each day, so eat a good breakfast. You may bring snacks with you to eat on other shorter breaks during the Weekend.

PLEASE READ CAREFULLY. YOUR SIGNATURE BELOW WILL INDICATE YOU AGREE TO THE FOLLOWING:

CONFIDENTIALITY

I agree to keep confidential and not disclose to, reveal to, or discuss with anyone, at any time, any of the events that transpire in the Sterling Women's Weekend, or any of the participants' names or their personal information that I hear or observe at the Sterling Women's Weekend ("Weekend").

ASSUMPTION OF RISK

I understand that the Sterling Women's Weekend is physically, emotionally, and mentally demanding because the hours are long, the content is very intense, and some participants may use profanity, express disturbing perceptions, emotions, or experiences. I understand that not all of the risks associated with the group activities occurring during the Weekend are known or predictable because of the diverse backgrounds, temperaments, and other individual characteristics of the participants. I understand and acknowledge that I have carefully assessed my own physical, emotional, mental strength, and endurance, and have, after careful deliberation, concluded that I am able to and wish to participate in the Weekend. I understand and acknowledge that there are psychological, emotional, and even physical risks to me and I knowingly and voluntarily assume all of those risks.

NO REPRESENTATIONS OR WARRANTIES

I understand and agree that any information communicated to me by any person(s) who attended the Weekend is a matter of their experience and opinion only. I agree that A. Justin Sterling, the Sterling Institute of Relationship, Inc., its officers, agents, employees and representatives, (hereinafter: "STERLING"), are not and shall not be responsible for any representations so made. I understand and agree that STERLING makes no assertions, statements, guarantees, or warranties regarding the contents of the Weekend.

RELEASE

I specifically and forever release and discharge A. JUSTIN STERLING, THE STERLING INSTITUTE OF RELATIONSHIP, INC. its officers, agents, and employees and representatives from any and all actions, causes of action, obligations, costs, expenses, attorney's fees, damages, losses, claims, liabilities and demands of whatsoever character, nature and kind, known or unknown, suspected or unsuspected, predictable or unpredictable, arising out of or related directly or indirectly to my participation in the Weekend whether such injuries are psychological, physical, emotional, or mental.

ARBITRATION

I agree to have any claim, controversy, or dispute relating to the enforcement or interpretation of this document or arising or relating to my registration, participation, or attendance at the Weekend, submitted to binding arbitration under the rules and regulations of the American Arbitration Association in San Francisco, California. I do hereby waive my right to bring an action before a judge or jury in any court and I understand that I am giving up my rights to discovery and appeal. Any award rendered in any arbitration may be made a judgment by any court of competent jurisdiction. I understand that if I refuse to submit to arbitration after agreeing to this provision, I may be compelled to arbitrate under the authority of the California Code of Civil Procedure.

PERMISSION TO LEAVE WEEKEND

I understand that I shall have the unequivocal right at any point in time during the Weekend, even in the middle of an activity, to end my participation in the Weekend and leave the premises. However, I will under no circumstances be entitled to a refund or return of any portion of the fees paid or the expenses I have incurred in attending the Weekend.

RIGHT TO EJECT

I agree not to engage in any conduct which may disturb, disrupt or prevent STERLING or the participants of the Weekend from delivering or participating in the Weekend. I understand and agree that my admittance to and participation in the Weekend is subject to the performance of my obligation not to engage in any such conduct. I understand and agree that in the event I do engage in any such conduct, STERLING shall have the right to instruct me to leave the Weekend, and I agree to leave the Weekend if so instructed. I hereby grant STERLING the authority and the right to eject me from the Weekend if I refuse to leave after being so instructed. If instructed to leave or ejected, I will not be entitled to a refund of any portion of the fees paid or the expenses incurred in attending the Weekend.

CONSENT TO VIDEOTAPING

I understand that the Weekend may be photographed and/or videotaped, and THE STERLING INSTITUTE OF RELATIONSHIP and A. JUSTIN STERLING do hereby have my permission to use the photographs and/or videotapes for archival purposes and shall not be used for public exhibition or commercial exploitation.

CONSENT TO AUDIOTAPING

I understand that the Weekend will be audiotaped. I understand that the STERLING INSTITUTE OF RELATIONSHIP will use and/or distribute these audiotapes as they see fit. I hereby grant to the STERLING INSTITUTE OF RELATIONSHIP the right to record those tapes for their future use.

PSYCHOTHERAPY

Place your initials next to the paragraph below that applies to you.

_____ I am not at the present time in any form of psychotherapy.

_____ I am at the present time in some form of psychotherapy. I understand that this Weekend is not designed or delivered in such a way as to be psychotherapeutic. I hereby release A. JUSTIN STERLING, THE STERLING INSTITUTE OF RELATIONSHIP, INC. and all of its officers, agents, employees, and representatives from any and all liability for any adverse effects the Weekend experiences may have on me or on my course of psychotherapy.

This document contains all of the agreements and understanding between the parties and no representations other than those contained herein have been relied upon by any of the parties.

I hereby acknowledge that I have carefully read and that I understand the terms and conditions of the above agreement. Unless otherwise agreed to the contrary prior to the commencement of the Weekend, I understand that I will be asked to voluntarily sign this agreement in its entirety, without changes of any kind, at the time that I attend the Weekend.

Print Name: _____ Signature: _____ Date: ____/____/____

Please sign the back of the white form.

Pink Copy – Participant's Receipt White Copy – To be sent with tuition